

# PROSTHETIC TIMELINE

## Step 1 **New Amputee Consultation**

Prior to your amputation a prosthetist from O&P Lab will meet with you and your family and give you an overview of the process of receiving a prosthesis.

## Step 2 **Prosthetic Shrinker Management**

**2-4 weeks after your amputation** Your physician will remove your sutures and/or staples and clear you to begin treatment. O&P Lab will provide you a residual limb compression garment call a shrinker to control edema and begin shaping your limb for prosthetic use. You will also receive information about pre-prosthetic management .

## Step 3 **First visit Evaluation & Casting**

**5-8 weeks after your amputation**, when your incision line if fully healed and swelling is stable, O&P Lab will schedule a time to see you and take a cast and/or measurements of your residual limb. This casting will be used to credit a TEST SOCKET for your new Prosthesis.

## Step 4 **Insurance Authorization**

Once your treatment plan has formalized. We will work directly with your doctor to create a detailed prescription that will specify the type of prosthesis you will receive. It is your physician's records that will be used to establish medical necessity by insurance payers, not the prosthetist's records.

## Step 5 **Test Socket Fitting**

**8-9 weeks after amputation** O&P Lab will schedule a time to see you and try on the TEST Socket. The Test socket is a fitting aide used by your prosthetist to assess the accuracy and design of the prosthesis. If the fit of the test socket is good, then it will be used to create your Definitive socket . If the fit still needs some adjustments another Test socket may be required

## Step 6 **Fitting of Definitive Prosthesis**

**9-12 Weeks after amputation** During this appointment, you will be fit with your new Definitive prosthesis that you will be using every day. Training with a physical therapist will be necessary to learn how to use with your new prosthesis.

## Step 6 **Training and Physical Therapy**

**12 -13 Weeks after amputation** First time prosthetic wearers should work closely with a local physical or occupational Therapist in order to safely and effectively learn to master their new prosthesis.